# Orientation Week Schedule for Graduate Students

<table>
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<tr>
<th>Monday August 21</th>
<th>Tuesday August 22</th>
<th>Wednesday August 23</th>
<th>Thursday August 24</th>
<th>Friday August 25</th>
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<tr>
<td><strong>GRADUATE SCHOOL ORIENTATION</strong>&lt;br&gt;9:30 AM - 1:00 PM&lt;br&gt;Stamp Student Union, Grand and Colony Ballrooms followed by a picnic lunch on McKelding Mall</td>
<td><strong>Immigration Session for F-1 Students</strong>&lt;br&gt;Tydings Hall 0130&lt;br&gt;10:00 AM - 12:00 PM</td>
<td><strong>Immigration Session for J-1 Students</strong>&lt;br&gt;Jimenez 0220&lt;br&gt;9:30 AM - 11:30 AM</td>
<td><strong>Coffee Station Open</strong>&lt;br&gt;Tydings Hall Lower Lobby&lt;br&gt;9:30 AM - 2:30 PM</td>
<td><strong>LAST Day to submit your Immunization Form Online at myuhc.umd.edu!</strong></td>
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<td><strong>Coffee Station Open</strong>&lt;br&gt;Tydings Hall Lower Lobby&lt;br&gt;1:30 PM - 3:30 PM</td>
<td><strong>Campus Tour</strong>&lt;br&gt;1:30 PM - 2:20 PM&lt;br&gt;Your Student Guide will take you on a brief tour of “need-to-know” buildings (where to ask questions, where to get your ID, where to submit Health Forms), <em>Depart from H.J. Patterson Atrium</em>&lt;br&gt;<strong>Ice Cream Social</strong>&lt;br&gt;H.J Patterson Hall Atrium&lt;br&gt;2:30 PM - 4:00 PM</td>
<td><strong>Coffee Station Open</strong>&lt;br&gt;Tydings Hall Lower Lobby&lt;br&gt;9:30 AM - 2:30 PM</td>
<td><strong>Sessions:</strong>&lt;br&gt;Tydings Hall 0130</td>
<td><strong>Coffee Station Open</strong>&lt;br&gt;Tydings Hall Lower Lobby&lt;br&gt;9:30 AM - 11:30 AM</td>
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<td><strong>Immigration Session for F-1 Students</strong>&lt;br&gt;Tydings Hall 0130&lt;br&gt;2:00 PM - 4:00 PM</td>
<td><strong>American Culture Orientation</strong>&lt;br&gt;Tydings Hall 0130&lt;br&gt;&lt;br&gt;Part 1: Academic Success and US Classroom Culture&lt;br&gt;10:00 AM - 10:55 AM&lt;br&gt;&lt;br&gt;Part 2: American Culture 101&lt;br&gt;11:00 AM - 11:55 AM</td>
<td><strong>Finding On Campus Employment</strong>&lt;br&gt;10:00 AM - 10:55 AM</td>
<td><strong>Tools for Cultural Adjustment</strong>&lt;br&gt;11:00 AM - 11:55 AM</td>
<td><strong>Immigration Session for F-1 Students</strong>&lt;br&gt;Tydings Hall 0130&lt;br&gt;9:30 AM - 11:30 AM</td>
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<td><strong>BREAK</strong>&lt;br&gt;12:00 PM - 1:30 PM</td>
<td><strong>Understanding US Healthcare</strong>&lt;br&gt;12:00 PM - 12:55PM</td>
<td><strong>WELCOME LUNCH RECESSION &amp; Resources Fair</strong>&lt;br&gt;Tydings Hall Plaza&lt;br&gt;1:00 PM - 2:30 PM</td>
<td><strong>FREE Lunch to celebrate your arrival!</strong></td>
<td><strong>Tydings Hall 0111</strong>&lt;br&gt;12:00 PM - 12:40 PM</td>
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<td><strong>BREAK</strong>&lt;br&gt;12:00 PM - 1:00 PM</td>
<td><strong>GETTING AROUND:</strong>&lt;br&gt;Tydings Hall 0130</td>
<td><strong>FREE Lunch to celebrate your arrival!</strong></td>
<td><strong>IKEA SHOPPING TRIP</strong>&lt;br&gt;2:00 PM - 5:00 PM&lt;br&gt;Depart from Tydings at 2:00, 3:00, 4:00, or 5:00. ($)*</td>
<td><strong>Tydings Hall 0130</strong>&lt;br&gt;1:00 PM - 1:40 PM or 2:00 PM - 2:40 PM</td>
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<td><strong>Optional sessions for international students</strong>&lt;br&gt;Required International Student Session: Choose 1</td>
<td><strong>Part 1: Transportation Services and Parking</strong>&lt;br&gt;1:00 PM - 1:50 PM&lt;br&gt;&lt;br&gt;Part 2: Safety &amp; Security&lt;br&gt;2:00 PM - 2:30 PM</td>
<td><strong>Part 1:</strong>&lt;br&gt;Depart from Tydings at 2:00, 3:00, 4:00, or 5:00. ($)*&lt;br&gt;&lt;br&gt;<strong>Part 2:</strong>&lt;br&gt;Students who are returning to campus after 5pm must use public transportation ($1.25/ one way)</td>
<td><strong>Groups will depart from Tydings Lower Lobby at 12:45, 1:45 or 2:45 PM and then travel into DC by Metro together. ($)</strong>*</td>
<td><strong>DC EXCURSION!</strong>&lt;br&gt;Explore the Nationals Capital and its many must see monuments, memorials, and museums! Enjoy the Photo Scavenger Hunt on the Washington Mall!</td>
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*Submit Immunization Form ONLINE at myuhc.umd.edu*

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**KEY:**
- Social events for international students
- Events for ALL UMD students
- Optional sessions for international students
### Required Events

**F-1/J-1 IMMIGRATION SESSION**

Attendance is mandatory for all international students.

To accommodate students’ varying arrival dates and schedules, this session is repeated multiple times during August. One session is unique to J-1 Students. *You must register for your preferred date in advance (via iTerp.umd.edu).*

**Session Topics:**
1. Immigration regulations that impact you at UMD and tools to help you maintain your legal F-1/J-1 status.
2. New Student Tasks and Resources guide, including how to activate your F-1/J-1 SEVIS record.
3. Get a chance to meet other international students and ISSS staff who are here to assist you during your stay.

**IMMUNIZATION CLINIC**

All new students are required to submit an Immunization Form to the University Health Center (UHC). If you have not yet done so, you must submit your form via UHC website. If your form is incomplete, you may complete the missing tests at UHC, but you must get insurance first.

Not submitting your form blocks your class registration next semester.

### Fun Events

**WELCOME LUNCH RECEPTION**

Please join fellow students, ISSS staff, and presenters for a light lunch to celebrate your arrival.

**RESOURCES FAIR**

During or after lunch, browse tables, take flyers, chat, and learn about student activities you can get involved at UMD, as well as free campus services to aid you academically and personally during your stay.

**IKEA SHOPPING TRIP**

Join ISSS and other students for a trip to IKEA. A UMD (or IKEA) shuttle will make multiple departures. Then shop for furniture or housing necessities and have a bite to eat. ($ = Students cover their shopping and meal expenses.)

**WASHINGTON, DC TRIP**

Join us for a fun day in Washington, DC. Bring your camera to participate in a photo scavenger hunt, exploring some of DC’s most iconic sites. Stay for free live music, “Jazz in the Sculpture Garden,” if you like. Your friends and family are invited! ($ = Students cover their own metro and food expenses)

**ICE CREAM SOCIAL**

Join ISSS for a sweet treat after lunch. Enjoy a delicious bowl of ice cream while you meet new students and learn more about the University of Maryland and the College Park area.

### General Sessions

**AMERICAN CULTURE ORIENTATION:**

**PART 1 - ACADEMIC SUCCESS & US CLASSROOM CULTURE**

Discover on-campus resources and tools to help you succeed with your studies. Learn about how to avoid plagiarism.

**PART 2 - AMERICAN CULTURE 101**

Explore the topic of culture and personal values. Think about your culture and communication style and how it may differ from the US. Also listen to advice from current students.

**GETTING AROUND:**

**PART 1: TRANSPORTATION & PARKING**

Get information about Shuttle UM routes, local public transit, Department of Transportation Services, and parking requirements.

**PART 2: SAFETY & SECURITY AT UMD**

Tips and tools for staying safe in College Park.

**FINDING ON-CAMPUS EMPLOYMENT**

Discover on-campus and online resources for finding an on-campus job.

**UNDERSTANDING US HEALTH CARE**

US health insurance can be confusing, even for Americans! Learn key words, why it is important to have insurance, and what services the University Health Center offers.

**TOOLS FOR CULTURAL ADJUSTMENT**

Moving to a new country is exciting, but also brings challenges and stress. This session prepares you for how different people experience phases of adjustment (it’s normal!) and offers resources to support your transition.

**BECOMING A WASHINGTON, DC “INSIDER”**

Learn key terminology, a little history, fun local trivia and culture, and other “insider information” to help you navigate Washington, DC, like a Washingtonian.

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*International Student & Scholar Services | 1126 H.J. Patterson Hall | 301-314-7740 | isss.umd.edu*