### Orientation Week Schedule for Exchange Students

#### Tuesday August 20
- **Coffee Station Open**
  - Edward St. John 0202 Lobby
  - 9:00 AM - 2:00 PM

#### Wednesday August 21
- **Immigration Session for J-1 Students**
  - Edward St. John 0224
  - 9:30 AM - 11:30 AM
- **Campus Tour, Student ID & Lunch ($)**
  - Depart from ESJ lobby
  - 11:30 AM - 12:55 PM

#### Thursday August 22
- **Safety & Security**
  - Edward St. John 0202
  - 1:00 PM - 1:50 PM
- **Understanding US Healthcare**
  - Edward St. John 0202
  - 2:00 PM - 2:50 PM
- **Ice Cream Social & Resource Fair**
  - Edward St. John 0202 Lobby
  - 3:00 PM - 4:30 PM

#### Friday August 23
- **Coffee Station Open**
  - Skinner Bldg 0200
  - 9:30 AM - 11:30 AM
- **Advising Orientation**: (choose one)
  - **UMD Session (non-ENGR & non-BMGT)**
    - H.J. Patterson 2114-2118
    - 10:00 AM - 11:45 AM
  - **ENGR Session**
    - K. Engineering Bldg 1200
    - 10:00 AM - 11:45 AM
  - **BMGT Session**
    - Van Munching Hall 2333
    - 10:00 AM - 11:45 AM
- **IKEA SHOPPING TRIP**
  - 2:00 PM - 5:00 PM
  - Depart from 1126 H.J. Patterson Hall Atrium every 20 minutes starting at 2:00. Free shuttle will be provided. ($)
  - *Students who are returning to campus after 5pm must use public transportation (Bus-$1.25/ one way)*

**Reminders**
- Submit your Immunization Form online at myuhc.umd.edu by Friday, August 23!
- For on-campus housing information visit http://reslife.umd.edu/movein/
### F-1/J-1 Immigration Session

Attendance at one ISSS Immigration Session is mandatory for all international students.

To accommodate students’ varying arrival dates and schedules, this session is repeated multiple times during August. One session is unique to J-1 Students. **You must register for your preferred date in advance (via iTerp.umd.edu).**

**Session Topics:**
1. Immigration regulations that impact you and tools to help you maintain your legal F-1/J-1 status.
2. New student tasks & resources guide, including how to activate your F-1/J-1 SEVIS record.
3. Get a chance to meet other international students and ISSS staff.

### Immunization Form
All students are required to submit an Immunization Form to the University Health Center (UHC). If you have not yet done so, you must submit your form via UHC website. If your form is incomplete, you may complete the missing tests at UHC, but you must get insurance first.

Not submitting your form blocks your class registration the next semester.

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### Required Events

<table>
<thead>
<tr>
<th>Event Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>IKEA Shopping Trip</td>
<td>Join ISSS and other students for a trip to IKEA. A UMD shuttle will make multiple departures. Then shop for furniture or housing necessities and have a bite to eat. ($ = Students cover their shopping and meal expenses.)</td>
</tr>
<tr>
<td>Ice Cream Social &amp; Resource Fair</td>
<td>Join ISSS for a sweet treat in the afternoon. Enjoy a delicious bowl of ice cream while you meet new students and learn more about the University of Maryland and the College Park area. During the Ice Cream Social, browse tables, take flyers, chat, and learn about student activities you can get involved in at UMD.</td>
</tr>
<tr>
<td>Exchange Student Welcome Dinner</td>
<td>Come enjoy a meal with other current exchange students and get to know the ISSS and Education Abroad Staff.</td>
</tr>
<tr>
<td>Welcome Lunch Reception</td>
<td>Please join fellow students, ISSS staff, and presenters for a light lunch to celebrate your arrival!</td>
</tr>
<tr>
<td>Recreational Center Open Play</td>
<td>Join us for a fun evening of sports at La Playa Beach, and maybe some rock climbing in UMD’s state of the art Eppley Center. This facility features a wide variety of activities, including cardio and weight training, basketball, &amp; more!</td>
</tr>
<tr>
<td>Washington, DC Trip (Photo Scavenger Hunt)</td>
<td>Join us for a fun day in Washington, DC. Bring your camera to participate in a photo scavenger hunt, exploring some of DC’s most iconic sites. Stay for free live music, “Jazz in the Sculpture Garden.” Your friends and family are invited! ($ = Students cover their own metro and food expenses.)</td>
</tr>
<tr>
<td>Safety &amp; Security at UMD</td>
<td>Tips and tools for staying safe in College Park.</td>
</tr>
<tr>
<td>Understanding US Health Care</td>
<td>US health insurance can be confusing, even for Americans! Learn key words, why it is important to have insurance, and what services the University Health Center offers.</td>
</tr>
<tr>
<td>Meal Plan, Eating, Transportation &amp; Parking</td>
<td>Learn about meal plan options, and where to eat on-campus. Get information about Shuttle UM routes, local public transit, Department of Transportation Services, and parking requirements.</td>
</tr>
<tr>
<td>Academic Success</td>
<td>Discover on-campus resources and tools to help you succeed with your studies.</td>
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<tr>
<td>Academic Integrity</td>
<td>Learn about how to avoid plagiarism.</td>
</tr>
<tr>
<td>American Culture &amp; Tools for Cultural Adjustment</td>
<td>Moving to a new country is exciting, but also brings challenges and stress. This session prepares you for how different people experience phases of adjustment and offers resources to support your transition.</td>
</tr>
<tr>
<td>Diversity and Inclusion Training</td>
<td>This session has two primary objectives: 1) Introduce students to UMD’s diverse campus environment &amp; 2) explain student’s rights and responsibilities. Topics of race, racial tensions, and racism in the United States will be addressed, as well as explanations for what is discrimination? What is harassment? How does one report an incident?</td>
</tr>
<tr>
<td>Advising Orientation</td>
<td>Pick the session that best fits your area of study (Engineering students go to the ENGR session, business students go to the BMGT session, all other students go to the UMD Session). In this session, you will learn about UMD, your specific college, on-campus opportunities, and get to know students in your program.</td>
</tr>
<tr>
<td>Becoming a Washington, DC “Insider”</td>
<td>Learn key terminology, a little history, fun local trivia and culture, and other “insider information” to help you navigate Washington, DC, like a Washingtonian.</td>
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*We look forward to meeting you!*